

## **BEing LOVE**

These creations consist of abstract textural layers using recycled paint, acrylic, ink, and found objects. Each piece portrays the multi-dimensions of addiction, post traumatic growth, recovery, wholeness, and great voyages of Death, Birth, Love, Transformation, Spiritual Alchemy, Realization, God, Source, and Soul.

The paintings are accompanied by a poem; telling story, sharing experience, and connecting word to visual art. Through the relationship between written and visual art, my hope is to illuminate the forever unfolding, process, emergence, and journey of walking and living the path of LOVE.

The collection explores learning ways to evoke and awaken the spirit of Love, move towards Love, grow Love, listen to Love, follow Love, open to Love, speak Love, take experiments in Love, and remember WE ARE LOVE.

Love is a practice---Love is a Choice. WE choose to Love. Now is the time to ignite a Love explosion for all humanity. Now is the time to walk together and practice in the footsteps of Love. When we lead with Love...Life changes.

My friends...Please know...The way forward is...LOVE.

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